



ATTACKER CHECKLIST

PRE-SERVE

- Know the defense used by your opponent (important for shot selection).
- Look at setter for play or specific set.
- Know your normal/understood transition blocking assignment should the rally continue

BALL IS SERVED

- Are you the passer? If so, take care of the pass first. Don't be in too big a hurry to get into your attack position.
- If you're not the passer, use verbal/non-verbal communication to aid the passer.

BALL IS PASSED

- Are you ready to handle a bad pass?
- Move to proper attacking assignment.
- If time permits during the flight of the pass, glance across the net to see the position of the blockers.

BALL IS SET

- Are you the attacker? Determine the necessary timing and take-off point for your attack.
- Get good position to the ball to give yourself options. Don't let the set direct where you will attack.
- Not the attacker? Be ready to cover your hitter and expect the ball to be blocked!

BALL IS ATTACKED

- If your attack ends the rally (Kill or Error), remember to glance across the net to see where the open spots in the defense were.
- Ball still in play? Quickly get to your transition blocking assignment.